





JESSE VASSALLO

May 17, 18, 19 2019 Pompano Beach Aquatic Center, 820 NE 18th Ave., Pompano Beach FL 33061

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No _FGI051719POMP-B-15

Condition of Sanction: The competition course has been certified in accordance with 104.2.2(4). The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Sponsored by: Pompano Beach Piranhas & the City of Pompano Beach

Rules:Current USA Swimming Rules and Florida Gold Coast rules will govern
this meet. In granting this approval it is understood and agreed that USA
Swimming, Florida Gold Coast, and Pompano Piranhas shall be free and
held harmless from any liabilities or claims from damages arising by
reason of injuries to anyone during the conduct of the event.

Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect, except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the vice President of Program Operations

Deck Change:Changing, in part or whole, into or out of a swimsuit (excluding a drag
suit) is an area other than a permanent or temporary locker room,
bathroom, changing room or other space designated for changing purposes
while at a practice, competition or other pool-related activity.

The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.
n: All participants agree to be filmed and photographed by the official photographer(s) and networks(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.
Unauthorized sale, advertisement and promotion of products and/or services at the location of the competition as well as its vicinities are not allowed without written request and written approval of the meet host and the meet director. All requests must be submitted to the meet director no later than 10 days prior to the first day of the competition. Failing to comply with such order will result in removal from the facility and/or immediate vicinity.
Open to all current 2019 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host <u>WILL NOT</u> be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.
All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations – (954) 401-0045 or (787) 315-1529 Meet@pompanopiranhas.com
50 meters x 25 yards/meters heated outdoor pool, 8 long-course racing lanes with separate warm-up and swim-down pool available. Colorado Timing System® will be used. Fly-over starts will possibly be used.
The competition course is certified in accordance with 104.2.2 (C).Water depth at the start is 5'0" in accordance with 202.3.7 (C).
Friday May 17, 2019Session I -Timed Finals Warm-up at 4:00 pm. Meet starts at 5:30 pm.Saturday May 18, 2019Session II -Session II -Timed Finals Warm-up at 7:30 am. Meet starts at 9:00 am.

	Session III - Timed Finals Meet starts 60 minutes after the previous session Sunday May 19, 2019 Session IV- Timed Finals Warm-up at 7:30 am. Meet starts at 9:00 am. Session V - Timed Finals Meet starts 60 minutes after the previous session *Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.					
Location:	Pompano Beach Aquatic Center, 820 NE 18 th Ave. Pompano Beach, FL 33061 (Not a mailing address)					
Directions:	From the North or South: Take I-95 towards Pompano Beach and take Atlantic Blvd and go East to NE 18th Avenue. Turn Left onto NE 18th Avenue and continue to end of street to NE 8th Street. Turn Right onto to NE 8 th Street and follow the 2 road to the Aquatic Center. The pool is on the left-hand side.					
Entry:	All entries must be received by <u>Tuesday, May 7, 2019</u> . PLEASE enter electronically, NO MAILED entries. For electronic entries (CL or SDIF format only!!) E-mail to <u>Meet@pompanopiranhas.com</u> . Confirmation for electronic entries will be sent via e-mail. **Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact meet director (787) 315-1529 NOTE: Swimmers without registration numbers or birth dates will not be entered. *** Entry Fees will be <u>Double</u> if not entered electronically.					
Seeding:	All events are standard timed finals, the 400, 800,1500 freestyle and the 400 IM. are positive check in and will be deck seeded fast to slow using LCM.					
Entry Fees:	\$ 4.25 per individual event					
Facility Surcharge:	\$ 10.00 per swimmer *Entry fees are made payable to <u>Pompano Piranhas</u> " (note: one check per team mail to P.O. Box 10693 Pompano Beach, FL. 33061)					
Refunds:	Once a team or individual entry has been received and processed, there will be no refunds unless FGC rule 1.17a.i.v applies.					
Entry Limit:	Seven (7) individual events for the meet-no more than three (3) individual events per day					
	Note: 500 Swimmer Meet Cut Off. The meet will close this year at 500 swimmers. Once a team puts the meet at 450 swimmers or over we will accept that team's entire entry, close the meet and enter the host team entries.					

Awards:	Individual Events= Medals for 1 st - 3 rd place Ribbons for 4 th - 8 th place High Point= 1 st , 2 nd , 3 rd place Trophy by Category 10 & under, 11-12, 13-14, Open The 400, 800,1500 freestyle and the 400 IM will be swam in the open category but score separated by category.
Distance Events:	All distance events are positive check in. The 400, 800, 1500 Free and 400 IM will be positive check-in events and will be swum from fastest to slowest alternating girls / boys heats. Deadline for positive check-in for long distance events is 30 minutes before the session starts.
	For the long distance events swimmers must provide their own timer and counters as needed.
Deck Entries:	THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at <u>www.fgcswim.org</u> . All deck entered swimmers must present current USA Swimming Card in order to be entered.
Head Referee	Harold Avellaneda
Admin Official:	Betsy Vassallo / Matt Hooper
Meet Director:	Jesse Vassallo
Meet Committee:	A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.
Admission:	Admission - \$3.00 per session. (Free admission for kids 6 years old and under)
Heat Sheets:	\$3.00 per session.
Information:	Call the Teams Office at (954) 401-0045 or (787) 315-1529









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GIRLS 1 3 5 GIRLS	Open Open Open Open	400 FREE 400 IM 800 FREE	BOYS 2 4							
35	Open Open Open	400 IM 800 FREE								
5	Open Open	800 FREE	4							
	Open									
GIRLS										
GIRLS		1500 FREE	6							
GIRLS	SESSIONII	SESSION II SATURDAY AM				SESSION IV SUNDAY AM				
	I	EVENT	BOYS		GIRLS		EVENT	BOYS		
7	10 & Under	200 FREE	8		47	10 & Under	200 IM	48		
9	11-12	200 FREE	10		49	11-12	200 IM	50		
11	10 & Under	100 BUTTERFLY	12		51	10 & Under	100 BACKSTROKE	52		
13	11-12	100 BUTTERFLY	14		53	11-12	100 BACKSTROKE	54		
15	10 & Under	50 BACKSTROKE	16		55	10 & Under	50 FREE	56		
17	11-12	50 BACKSTROKE	18		57	11-12	50 FREE	58		
19	10 & Under	50 BREASTSTROKE	20		59	10 & Under	50 BUTTERFLY	60		
21	11-12	50 BREASTSTROKE	22		61	11-12	50 BUTTERFLY	62		
23	10 & Under	100 FREE	24		63	10 & Under	100 BREASTSTROKE	64		
25	11-12	100 FREE	26		65	11-12	100 BREASTSTROKE	66		
	SESSION III SATURDAY PM				SESSION V SUNDAY PM					
GIRLS	I	EVENT	BOYS		GIRLS		EVENT	BOYS		
27	13-14	200 FREE	28		67	13-14	200 IM	68		
29	Open	200 FREE	30		69	Open	200 IM	70		
31	13-14	200 BUTTERFLY	32		71	13-14	200 BACKSTROKE	72		
33	Open	200 BUTTERFLY	34		73	Open	200 BACKSTROKE	74		
35	13-14	100 BACKSTROKE	36		75	13-14	50 FREE	76		
37	Open	100 BACKSTROKE	38		77	Open	50 FREE	78		
39	13-14	100 BREASTSTROKE	40		79	13-14	100 BUTTERFLY	80		
41	Open	100 BREASTSTROKE	42		81	Open	100 BUTTERFLY	82		
43	13-14	100 FREE	44		83	13-14	200 BREASTSTROKE	84		
45	Open	100 FREE	46		85	Open	200 BREASTSTROKE	86		

